



KELLOGG ELEMENTARY
FALL AFTER-SCHOOL ENRICHMENT CLASSES

2017-18 SCHEDULES:

FALL CLASSES: SEPTEMBER 18TH-DECEMBER 8TH

WINTER CLASSES: JANUARY 8TH-MARCH 16TH

SPRING CLASSES: APRIL 2ND-JUNE 15TH

3:00-4:00PM

Monday	Tuesday	Wednesday	Thursday	Friday
Cooking by Sticky Fingers Cooking K-6 th			Martial Arts by Impact Dojo K-6 th	

Registration will be available online at: www.jccchicago.org/jatschool

Cooking | Sticky Fingers Cooking | Grades K-6 | Monday | \$215: Let your child release their inner chef! Students will prepare and eat healthy global inspired recipes all while learning to cook in a fun, engaging and real world way! Our Chefs will reinforce kitchen skill associated with our weekly recipes and each area of cooking terminology, foods and fun nutrition facts (even a few bad jokes!) We will practice measurements, use a wide array of cooking utensils, while always preparing the freshest ingredients while cooking and more!

Martial Arts | Impact Dojo | Grades K-8 | Thursday | \$185: Martial Arts with Impact Dojo Children will be engaged in a high energy and fun environment in which they will be taught the basic principles and history of Martial Arts. They will learn the basics of self-defense and the appropriate time to use it. In addition, they will be taught Stranger Danger Awareness. This will help them assess friend from foe and how to act accordingly. Most importantly they will gain confidence, learn discipline, and be taught how to respect themselves, their peers, and their elders.

Registration is available from until September 10th

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